



# KOTKA PUBLIC SWIMMING HALL REGULATIONS

1. Swimming time is 1,5 hours. This includes the time spent in shower and dressing room.
2. Before entering the pools, make sure you have showered properly. Also rinse your hair or use a swim cap. Long hair should be tied up.
3. Children under 8 years old and children who cannot swim may only enter the swimming pool with a guardian.
4. Children who cannot swim must not be left without their guardian at any time. Guardian must be over 18 years old and a confident swimmer.  
  
A confident swimmer = Able to swim at least 25 meters unassisted.
5. Use of springboards is only allowed on marked places and with pool attendant's permission. The use of springboard may not cause any further disturbance or danger to other swimmers in the pool.
6. Please follow instructions given on the signs.
7. All customers are responsible for their own belongings. Lost and found goods are to be brought to the front desk.
8. It is forbidden to make unnecessary loud noise or cause disturbance in the swimming hall.
9. Person with contagious disease is prohibited from entering the swimming hall.
10. It is forbidden to dye your hair or shave body hair in the swimming hall.
11. Do not bring fragile objects (glass etc.) to the swimming pool area.
12. Chewing gum is forbidden in the swimming pool area.
13. It is forbidden to drink alcohol or be intoxicated in the swimming hall.
14. Smoking is prohibited in the swimming hall.
15. It is forbidden to take photographs or record video in the swimming pool area.
16. Swimming is only allowed using a proper swimsuit.
17. Flippers or diving equipment are only to be used in the swimming lanes.
18. Practise diving is only allowed on reserved times or with pool attendant's permission
19. It is forbidden to bring large toys or swim floaties to the public swimming pool area. Inflatable armbands are allowed. Please ask for permission from pool attendant to use small pool toys.
20. Borrowed equipment must be used accordingly and returned to its original position.
21. Person who does not follow regulations may be removed from the swimming hall.

Swimming hall customers are required to familiarise themselves with the above mentioned rules and guidelines. Compliance with the rules is prerequisite for using the swimming hall.

Thank you for collaboration and have a pleasant time in the pools.

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